

Grocery List	Total Required	Need
Cake Icing	70	65
Cake Mix	70	24
Cereal	127	85
Cookies	105	100
Cookies	127	75
Corn	70	25
Cranberry Sauce	257	226
Canned Fruit	127	78
Green Peas	78	78
Jell-O	127	89
Jelly	88	80
Mac & Cheese	127	107
Canned Meat	127	96
Mixed Vegetables	159	96
Pasta	154	80
Pasta Sauce	70	70
Peanut Butter	127	61
Pork & Beans	127	61
Ravioli	154	0
Rice	70	69
Soup	154	28
Stuffing	80	28
Tea	70	70
Diced Tomatoes	127	70
White Potatoes (box)	105	64
White Potatoes (con)	70	64
Yams	105	100